DreamLine™

INFRARED SAUNA

Instruction Manual

Thank you for choosing a DreamLine infrared sauna!

Index

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IMPORTANT SAFETY GUIDES

READ AND FOLLOW ALL INSTRUCTIONS

A) Find the "Warning" sign provided with the heater and make sure it is attached on the sauna prior to use with provided nails. Attach at location at eye level.

B) Do not install any electrical receptacles inside the heated room.

C) The door of the heated room does not include any locking or latching system, malfunction of which could cause entrapment inside the heated room.

D) Keep required ventilation open when use the dry-bath bathing room.

E) CAUTION: Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6°F(37℃). The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia include:

- **a) Failure to perceive heat;**
- **b) Failure to recognize the need to exit the room;**
- **c) Unawareness of impending hazard;**
- **d) Fetal damage in pregnant women;**
- **e) Physical inability to exit the room; and**
- **f) Unconsciousness.**

WARNING – The use of alcohol, drugs, or medication may greatly increase the risk of fatal hyperthermia.

F) CAUTION: IF THE MANUALLY RESETTABLE TEMPERATURE-LIMITING CONTROL TRIPS FREQUENTLY, A QUALIFIED SERVICEMAN SHOULD BE CONTACTED.

G) CAUTION: IT IS UNLAWFUL TO INSTALL THIS UNIT WITHOUT FIRST OBTAINING A PERMIT FROM THE LOCAL ELECTRICAL INSPECTION AUTHORITY. INSTALLERS OF THIS SAUNA ARE RESPONSIBLE FOR CHECKING AND COMPLYING WITH ALL LOCAL SAFETY CODES

H) WARNING: REDUCE THE RISK OF ELECTROCUTION AND BURNS; DO NOT OPERATE UNLESS GUARD IS IN PLACE.

I) CAUTION: EXCESSIVE EXPOSURE TO HEAT CAN BE HARMFUL TO YOUR HEALTH. PERSONS WITH POOR HEALTH SHOULD CONSULT THEIR PHYSICIANS BEFORE USING SAUNA.

J) CAUTION: REDUCE THE RICK OF FIRE, DO NOT PLACE COMBUSTIBLE MATERIAL ON HEATER AT ANY TIME.

K) WARNING: REDUCE THE RISK OF OVERHEATING:

- **a) EXIT IMMEDIATELY IF UNCOMFORTABLE, DIZZY, OR SLEEPY, STAYING TOO LONG IN A HEATED AREA MAY CAUSE OVERHEATING.**
- **b) SUPERVISE CHILDREN AT ALL TIMES.**
- **c) CHECK WITH A DOCTOR BEFORE USE IF PREGNANT, IN POOR HEALTH, OR UNDER MEDICAL CARE.**
- **d) BREATHING HEATED AIR IN CONJUNCTION WITH CONSUMPTION OF ALCOHOL, DRUGS, OR MEDICATION MAY CAUSE UNCONSCIOUSNESS.**

L) WARNING: REDUCE THE RISK OF ELECTROCUTION, DISCONNECT THE SUPPLY CONNECT BEFORE SERVICING.

SAVE THESE INSTRUCTIONS

1. Introduction

We welcome you to the most affordable infrared sauna in the America! We also congratulate you on your new path to better health! Thousands of users enjoy the benefits of infrared saunas every day. Infrared saunas may help you burn calories, reduce toxins, relieve pain and even clear your complexion. Now you can enjoy the great benefits of far-infrared heat within the privacy of your own home.

We strive to deliver superior home health products at an affordable price.

2. Health & Beauty Benefits

Relieve pain: The far-infrared rays of a sauna accelerate blood circulation and supply more oxygen to the body. Increased blood circulation has been shown to diminish inflammation, relieve pain, and speed up recovery. Infrared saunas have also been used by some medical professionals to treat bursitis, rheumatism, arthritis, and hemorrhoids. Increased blood circulation not only alleviates internal ailments, but also skin conditions such as psoriasis, eczema and scars. Good circulation is essential for smooth and firm skin. Please check with your doctor prior to sauna use for any specific directions related to your personal medial conditions.

Burn calories & fat: The far-infrared rays of the sauna eliminate extra salt and subcutaneous fat. Burn up to 600 calories in one half hour session versus a half hour of jogging which burns 300 calories, and a half hour of cycling burns 225 calories.

Relax your body and mind: The far infrared waves pass through your body, speed metabolism, accelerate blood circulation, bring the fresh oxygen into your body, toxins will leave you along with the sweat, and you will feel more energy and relieve tiredness. While enjoying the waves, you can listen to music on the integrated CD, it can help you relax your body. Some users of infrared saunas report improving insomnia and other stress related disorders.

3. Highlights

a. High quality craftsmanship
b. Automatic thermostat for constant temperature
c. Timer and buzzer: buzzer sounds 5 minutes before the end of session
d. Digital sensor and thermometer
e. Infrared heating elements
f. AM/FM Stereo w/ CD player and speakers (***room style model only***)

Installation

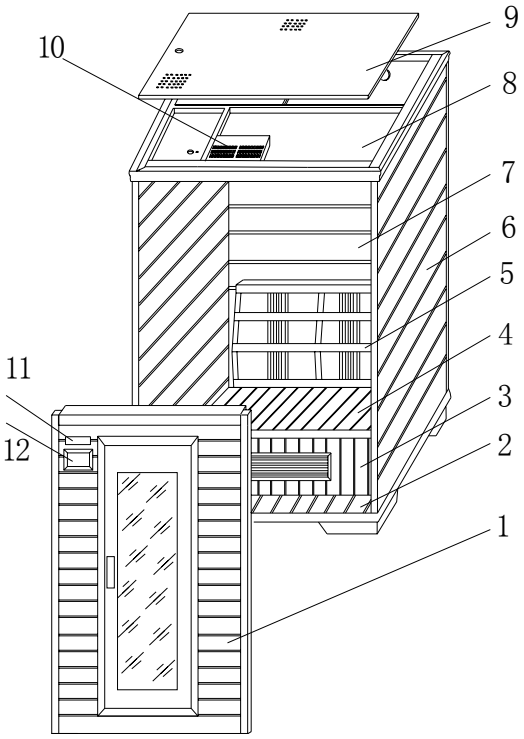
1. Installation requirements

a. Do not plug any other appliances into the outlet with your our infrared sauna.
b. Install the sauna on a completely level floor.
c. Do not spray the exterior with water. Keep the sauna installed in a high & dry place.
d. Do not store flammable objects or chemical substances in or near the sauna.

Installation procedure

Sauna Room:

1. Structure of Infrared Sauna. **See FIG-1**



1、 front board
2、 bottom board
3、 sitting baffle
4、 sitting board
5、 backrest
6、 left side board
7、 back board
8、 internal top board
9、 external top board
10、electric control box
11、FM/AM/CD player
12、digital panel

2. One person and two person unit are packed into two cartons. **See FIG-2** for example: C/NO: 002 1OF 2 and C/NO: 002 2 OF 2 are for one unit.

FIG-2 Two cartons

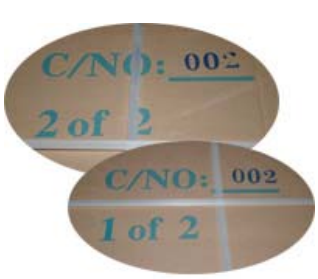


FIG-2.1 C/No.

3-persons sauna, corner sauna and 4-persons sauna are packed in 3cartons, for example: C/NO: 002 1OF 3, C/NO: 002 2 OF 3 and C/NO: 002 3 OF 3 are for one unit;

Make sure all parts are present before installing the unit. See packing list below.

A. User manual B. Bottom board C. Back Board D. Left side board E. Right side board
F. Sitting baffle G. Sitting board H. Back rest I. Front board J. Internal top board
K. External top board L. CD Player M. CD player back cover N. Screwdriver O. Towel shelf

4. Place the bottom board (section 4, Sauna room diagram, p.3) in the desired location of your sauna, and make sure which side is the front and which side is the back. **See FIG-3.**

FIG-3 Placing bottom floor

FIG-4 Assembling back board

5. Align the backboard with bottom board's corresponding rails; make sure they are in line. **See FIG-4**
6. Align the left board with bottom board's corresponding rails; make sure left board fits flush into backboard. **See FIG-5**

FIG-5 Assembling left board

FIG-6 Latching Options

7. The latch has a guide tab that must be placed in the guide slot for alignment. Pick up the back panel (hold it upright to the floor panel) and place the tab in the slot, do not latch at this time. When the back wall and the front wall/side wall are set together on the floor panel and properly adjusted, close and latch it. **See Figure 6**

FIG-7 Assembling right board

FIG-8 Assembling sitting board's support

8. Align the right board with bottom board's corresponding rails; make sure right board fits flush into backboard and

latch together. **See FIG-6 and FIG-7.**

9. Slide the sitting bench down vertically into the slot between left and right panel. Next, connect the bench's heater element wire to corresponding wire from the back wall, finally slide bench into place. **See Figure 8, 9**

Note: Make sure the wires are connected tightly; otherwise the heater will not work.

10. Slide the sitting bench down vertically into the slot between left and right panel. Next, connect the bench's heater element wire to corresponding wire from the back wall, finally slide bench into place. **See Figure 8, 9**

Note: Make sure the wires are connected tightly; otherwise the heater will not work.

FIG-9 Connecting wire

FIG-10 Assembling sitting board

10. Put the sitting board horizontally on corresponding rails of the backboard. **See FIG-10**

11. Screw the backrest onto the backboard. (section 12) **See FIG-11**

FIG-11 Assembling sitting board

FIG-12 Assembling front board

12. Align the front board (section 3) with bottom board's corresponding rails, and then latch it with the left and right boards respectively. Notes: Take caution handling the glass door to avoid damage. See FIG-12.

13. Put the wires of front board and backboard into the cabinet to avoid pressing the wires during installing. **See FIG-13**.Open the door, raise the top board high enough to see if it fits with the surrounding boards, and then place back down.

FIG-13 Setting the top board

FIG-14 Leading the wires of heaters onto the board through the corresponding hole

14. While installing the roof (top board), make sure all the wires (mentioned above) and connecting plugs are slipped through the corresponding holes of the top board. All these wires will be connecting with the controller on the internal top board. **See FIG-14**

15. **See FIG-15.** Connect all the wires and connectors to the corresponding outlets on the top board. Please be sure all the plugs are connected tightly.

FIG-15 Connectors on the internal top board

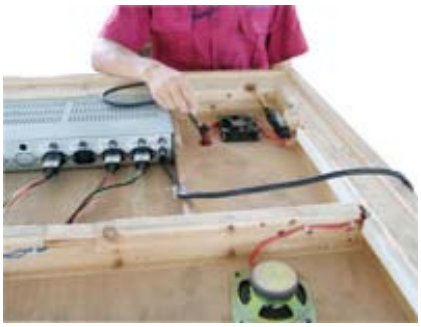


FIG-16 Put down the wires into the sauna cabin

16. After that, drop down the power plugs of the speakers, temperature sensor, control panel and CD player through the hole near the fan on the top board. **See FIG 16**

17. Take out the stereo with CD player (section 2), check its spare parts, and put the stereo into the CD frame. See FIG-17.1. Then screw the attached stereo support to the stereo. **See FIG-17, 17.1, 172, 17.3** Note: CD player on selected model only.

FIG-17 Checking stereo w/CD spare parts

FIG-17.1 Installing stereo w/ CD

FIG-17.2 Attach the CD to the metal support

FIG-17.3 Lock the CD with its metal support

18. All the wires from top board should be linked with corresponding connectors of the control panel, the CD player, the temperature sensor and the radio antenna. The sauna will not function if any connections are missed. **See FIG 18-21.**

FIG-18 Link the CD connectors

FIG-19 Link the sensor connectors

FIG-20 Link the control panel connectors

FIG-21 Link the antenna connectors

FIG-22 CD player back cover and screws

FIG-22.1 Attach the CD player back cover with screws

19. Locate bag of screws affixed to the CD player back cover; use a cross screwdriver to attach CD player back cover over the CD player. **See FIG-22, 22.1**

20. Making sure all steps are completed correctly, plug in the power and try using the sauna at first to make sure it will work properly. Then place the external roof (top board -section 10) over the internal roof (top board), and pull the power plug through the corresponding hole in the external top board. **See FIG-23**

FIG-23 Slip the power plug through external top board

FIG-24 Fix the external board with screws

21. Find set of screws affixed on the external top board, then attach board using the cross screwdriver. **See FIG-24**

Installation Completed.

Operation

1. Precautions

a. Check that all the circuitry and the plugs meet all local requirements.

b. Set the temperature and time to a comfortable level, normally, 30 minutes at 120ºF.

c. Drink a cup of water before the sauna session.

d. After 2 hours of continuous use, shut the sauna down for one hour.

e. To avoid burns, do not touch the heating element.

2. Operation

a. Plug the sauna into a 110-120volt-wall outlet which is stated in nameplate. Do not share the outlet with any other appliances. Plug the unit into the outlet and use the ON/OFF switch to activate the sauna. Sauna should be **unplugged** when not in use.

b. Press the 'temperature' button '+' to increase or '-' on the 'TEMPERATURE' panel to decrease the temperature. If button '-' is pressed for three seconds, the setting will increase quickly. Decrease the temperature in the same manner by pressing the '+' button. After the sauna reaches the desired temperature, the 'heat' light turns off.

c. Press the 'time' button '+' or '-' on the 'TIMER' panel to set the using time. The same operation as b. When the display time is "05", the buzzer alerts.

d. Press the 'light' button to turn the interior light on and off.

e. After your sauna session, turn off, and unplug the power cable.

f. Please read the instruction of our car stereo with CD player.

Warnings

1. Safety precautions

a. To avoid risk of fire, do not dry clothes or leave any towels in the sauna.

b. To prevent burns or electric shocks, do not touch or use metal tools on the net cover of the far infrared heater elements.

c. While in the sauna, do not touch the light bulb. If the bulb needs to be changed, switch it off and wait until the sauna is shut off and the bulb is cool

d. Do not spray water on the far-infrared tube. This activity may result in electric shock or damage to the heater elements. Also keep in mind that Infrared Saunas are "dry saunas" and are not designed for any water use on the materials of the walls, elements or anywhere in the sauna.

e. Do not use the infrared sauna if you have any of the following conditions:

1. Open wounds
2. Eye diseases
3. Sever sunburns
4. Elderly & weak people, especially those suffering from a disease, pregnant women and infants are prohibited. Children over the age of 6 years may use the sauna under the supervision of adults.
5. If suffering from a disease directly related to temperature, seek the advice of a doctor before using.
6. Do not place pets in the sauna.
7. Do not use the sauna if you are under the effects of alcohol.
8. **SEE YOUR DOCTOR PRIOR TO USE OF SAUNA FOR ANY ADDITIONAL DIRECTIONS**.

Trouble Shooting:

	Problem	possible reason	countermeasure
1	indicator light for power supply not working	The connector is not connected properly	Check the connector or replace a new one
		No power supply input	Check the circuitry (especially power supply input)

		Indicator light is broken	replace the circuitry panel
2	Indicator light for function is not working	The heating indicator light is broken	Replace the relevant control panel
		The circuit board or components are broken	Replace the circuit board
		The temperature sensor is broken	Check the connect and replace the sensor if required
3	Infrared Heater not heating up	The heater is broken	Replace with a new one Of the same specifications
		The wire junction or the heater’s wire is loosen	Check and make them tight
		The temperature sensor is broken	Check that junction of the temperature sensor is loosen and replace it
		The circuit board of the relay does not work	Replace the circuit board
4	Odor from the sauna	The circuit‘s problems	2 Some heater’s temperature over high, cut off the power supply, replace it 3) Parts on the circuitry broken - replace
5	Light bulb is not working	Light bulb is burned out	Replace the light bulb
		Light bulb wiring is loosen	Replace the lamp holder
		Electronic transformer is broken	Replace the electronic transformer
		Problems with electrical control panel	Repair or replace it
6	Speaker does not work	The speaker is broken	Replace with a new one of the same specifications
		The speaker wire is loosen	Reconnect the speaker wire
		The power indicator light for CD is off	Make sure CD power is turned on
7	CD-Player doesn’t work	Power connector is loose or damage	Check connector or replace it
		DC power supply providing no power to the CD-player	Check DC power supply wiring or replace the power supply
		CD-player is defective	Replace the CD-player
		CD-player protection fuses burnt out	Replace the fuses
8	Sauna is not powering up	Power cord is unplug	Plug back power cord to outlet
		Outlet has no power	Check outlet or circuit breaker
		Power supply or circuit panel is broken	Replace the power supply or related circuitry board
9	The temperature display shows "EP"	The connector of temperature sensor is loose or sensor damaged	Tighten the connector of temperature sensor or change to a new temperature sensor.
10	The temperature display shows "H"	The temperature inside the sauna room is too high	Turn off the unit, and contact the manufacturer.

11	The temperature display shows "00", and the temperature on the display is lower than 5 after 5minutes.	Some of sauna heaters don't work	Check whether all heaters are working, change to new heater(s)

Trouble Shooting:

USER MAINTENANCE INSTRUCTIONS

Cleaning

Clean the faceplate with a wet towel, or clean with a small amount of hand-soap mixed with warm water if necessary. Clean the sauna room with a wet cotton towel, dry with a clean dry towel. ***Do no use benzene, alcohol, or strong cleaning chemicals on sauna. NOTE: Any chemical that can damage wood material will damage the sauna and the protection layer that is on the wood.***

****** Do not leave the sauna or CD player on for more than 2 hours at a time. ******

Transportation and storage

1. **Avoid exposure to rain, snow or strong collisions during transport.**
2. **Do not store in damp environments.**
3. **This sauna is not designed for outdoor storage or use.**

Packing list

1 front panel
1 backboard
2 side panels
1 floor panel
1 inner top panel (roof)
1 outer top panel (roof)
1 bench - sitting panel
1 sitting baffle
1 backrest
3 Heating element tubes for 1 person sauna
5 Heating element tubes for 2 person sauna
6 Heating element tubes for 3 or 4 person sauna
1 Light bulb
1 CD player and 2 Speakers
1 CD player back cover
1 Bag of screws and bolts
1 Hand screwdriver
1 Instruction manual